

CAPABLE Home Modifications to Promote Aging in Place

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CAPABLE, Community Aging in Place, Advancing Better Living for Elders is a preventative, low-cost, client-centered intervention that promotes aging in place for older adults.



6 OT visits



4 RN visits



Handy Worker

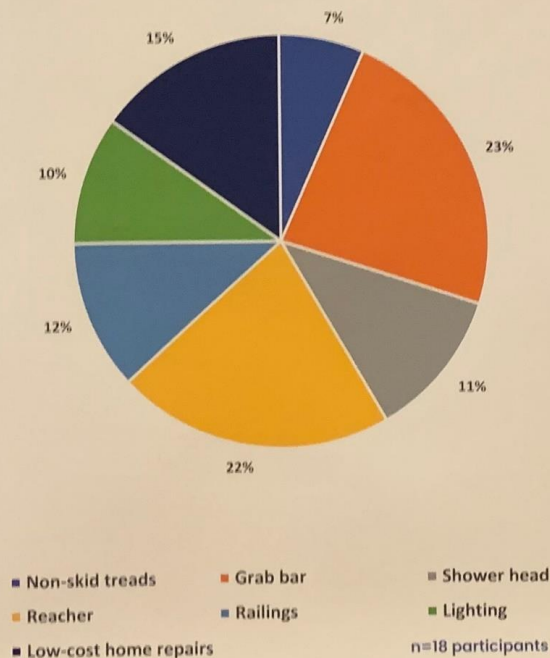
Current Project

- University of Pittsburgh partnership with Allegheny County Area Agency on Aging (AAA)
- Delivering CAPABLE to older adults who do not meet financial threshold for Medicaid
- Including care partners in delivery of CAPABLE
- Implementing CAPABLE to reduce adverse events by making the environment safer and providing training

Funded by the Administration for Community Living in support of the National Rehabilitation Research & Training Center on Family Support

All interventions are delivered by an occupational therapist who trains participants on home modification use

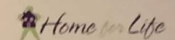
Current CAPABLE Home Modifications



Most Frequently Requested Items

	Install/repair interior or exterior railings		Install tub safety strips
	Install grab bars		Repair broken steps
	Install flexible shower hoses		Smooth thresholds
	Install new doorbells		Repair/replace door locks
	Add new or replace old power strips		Lighting (add, repair, change)

Identify Barriers



Select Personal Safety Score: (0- Do Not Feel Safe through 10- Feel Very Safe)

Capture your client's perception of safety. For example, "Mrs. Jones, on a scale of 0-10, how safe do you feel in your ____ room?"

Identify Room Barriers: (0- Not Accessible, 5- partial, 10- Full Accessibility)

Determine areas of most risk by having your clients perform some or all of the activities important to them. If you cannot see the client, have them verbally walk through the activity. Score each activity appropriately.

Assess: Bedrooms, Bathrooms, Kitchen, Exterior, and Living Areas

Key Implications

- It is not costly or complex to provide home modifications to help older adults age in place.
- The most common home modification provided so far in the current project has been grab bars.

References available upon request: AMG391@pitt.edu